

# MYERSCOUGH COLLEGE RUGBY ACADEMY

The Myerscough College Rugby Academy is a joint venture with Sale Sharks Rugby and the RFU Elite Player Development Centre for the North West. We offer students the unique opportunity to train as professional athletes and secure a dream job in Rugby Union.

Our courses cover all aspects of the game, from nutrition, psychology and fitness testing, to elite performance development, coaching and injury prevention.

## **BTEC Level 3 Diplomas Rugby Studies or Sport & Exercise Science**

Two-year 12 or 18 module  
A-Level equivalent programmes  
designed as the ideal pathway  
to university degree courses.

## **Foundation Degree Rugby Coaching**

A popular two-year Higher Education  
degree programme, designed to provide  
students with the practical skills, academic  
knowledge and expertise to start a  
coaching career in Rugby Union.



[www.myerscough.ac.uk](http://www.myerscough.ac.uk)

 @My\_Sport



## **Rugby Studies Taster Day**

Wednesday 17th February 2016  
Book online at [www.myerscough.ac.uk](http://www.myerscough.ac.uk)

*Scott Bowerman,  
Myerscough 1st XV Captain,  
Lancashire Under 18s and  
Sale Sharks academy player.*